KORESCALE GEN·2™

INTUATIVE SMART SCALE
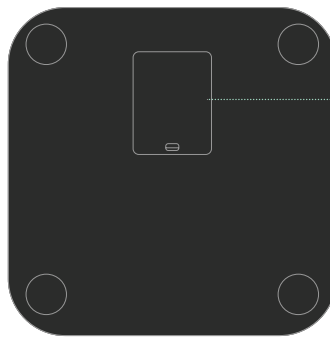
1	Hidden LED display
2	4 high-precision sensors
3	Battery door

IMPORTANT SAFETY INFORMATION:

Warning: The KoreScale Gen2 is not suitable for people with the following conditions:

- People with **a pacemaker or other electronic medical implants.**
- People with **fever symptoms or osteoporosis**.
- People that are **undergoing dialysis treatment.**
- People that are **taking cardiovascular medication**.
- **Pregnant women**.

| This device can withstand weights up to 180kg/396lb. A higher weight may cause damage to the KoreScale

| Keep the KoreScale away from extreme temperatures and excessive moisture.

| Do not drop the KoreScale and keep away from falling objects. Objects falling onto it may damage the hardware.

| Always step gently onto the scale to avoid damage to the device.

IMPORTANT INFORMATION BEFORE USE:

Use the scale with dry barefeet for the health metrics measurement.

Place the scale on a hard, flat and even surface to ensure accurate measurement.

You will need the app for health metrics measurement, but the scale may be used on its own to measure weight.

HOW TO USE KORESCALE GEN2

① Download the App

1 Scan the QR code on the package to download the app by scanning the QR codes below with your smartphone or tablet. The app is available for both iOS and Andriod devices.

iOS:

Android:

2 Register your email address and information for record-tracking.

TIPS:

| The default language of the smart scale is English. If you wish to change to another language, go to "**My Account**" > "**Settings**", then select the language of your preference.

| Select your preferred "Weight Units" under "Settings": lb/kg/st.

② Turn on KoreScale Gen2

1 Inserts 4 AAA batteries on the back of the KoreScale Gen2 and close the battery door.

2 Place the scale in a dry area on hard, flat, even surface.

3 To wake up the scale, gently step on the platform and you will see the LED display show "0.00" to start.

③ Pairing KoreScale Gen2 with Your Mobile Device

1 Turn on the Bluetooth function on your smartphone or tablet to pair with the KoreScale.

2 Place both of your barefoot evenly on the high-precision sensor lines and wait 10-15 seconds for the health metric measurements to sync from the scale to your mobile device. When complete, the Bluetooth symbol will stop flashing.

TIPS FOR BODY FAT TESTING:

① 58.00
A flashing number indicates that the calibration has been completed.
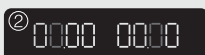
② 00.00 00.00
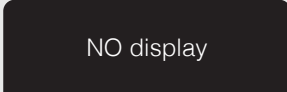A zero flashing from side to side indicates that the body fat tests are in progress.

③ 58.00
When the zeroes stop flashing, the test has been completed.

④ Measurement and Checking Body Report

1 On your mobile device you will now see your body report recordings broken down by Weight, BMI, Body Fat, Fat-Free Body Weight, Subcutaneous Fat, Visceral Fat, Body Water, Skeletal Muscle, Muscle Mass, Bone Mass, Protein, BMR, Metabolic Age, and Heart Rate.

2 Once your profile is complete and calibrated, use the KoreScale Gen2 as you would a normal scale. Your body statistics will automatically be recorded in the app.

TROUBLE SHOOTING GUIDE

58.00 kg ✶	NO display	**58.00** kg
Working normally	Check if batteries have been inserted correctly	No wireless connection
Lo	**Err**	**CAL**
Change batteries	Weight overload	Calibrating

KORESCALE GEN·2™ | 14 KEY HEALTH METRICS

Weight Your total body weight	**BMI** Body Mass Index	**Body Fat** The percentage of your body that is made up of fat	**Fat-Free Body Weight** Your weight without fat	**Subcutaneous Fat** Fat stored just under the skin
Visceral Fat The fat stored in your abdominal cavity	**Body Water** The amount of water retained by your body	**Skeletal Mass** The mass of your bones	**Muscle Mass** The mass of your muscles	**Bone Mass** The mass of your muscles
Protein The protein contained in your body	**BMR** Basal Metabolic Rate	**Metabolic Age** Your BMR measured against your age	**Heart Rate*** The number of times your heart beats per minute	

*This number will reflect your **average heart rate** while you're standing on the scale.

Having questions about your KoreScale Gen2? We are here to help!

Please visit https://support.korehealthofficial.com or scan the below QR code for any urgent inquiries!

Support